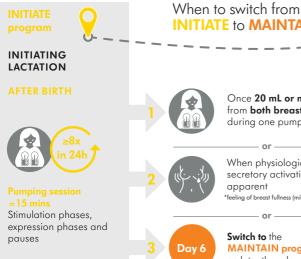
Symphony[®] Quick Start Guide



MAINTAIN **INITIATE to MAINTAIN?** program **BUILDING AND** MAINTAINING LACTATION Once 20 mL or more is expressed from both breasts combined. during one pumping session or —

When physiological markers of secretory activation* become apparent *feeling of breast fullness (milk 'coming in')

Switch to the **MAINTAIN** program no later than day 6

or

Pumping session \geq 15 mins 2-Phase Expression (stimulation and expression phase)



Note: This guick guide does not replace the complete instructions for use. Please refer to the Symphony instructions for use for further information.

Wash hands thoroughly with soap and water before touching the breast pump, the pump sets and breasts.

INITIATE program

You can tell this program is running from these symbols on the display:



Press the On/off button



Press the 'Let-down' button within 10 seconds to use the **INITIATE** program



Set maximum comfort vacuum



NOTE: Program ends automatically

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MAINTAIN program

You can tell this program is running from these symbols on the display:



The MAINTAIN program will automatically start with the stimulation phase



If milk begins flowing before the two minutes have passed, press the 'Let-down' button to switch straight to the expression phase. After 2 minutes in the stimulation phase, the pump switches automatically to the expression phase.





NOTE: Program does not end automatically

comfort vacuum

IMPORTANT!

For maximum effectiveness, efficiency and comfort, always double pump with your maximum comfort vacuum and correctly fitted breast shields. Go to www.medela.com/fittingguide to find your breast shield size.

Adjust to your maximum comfort vacuum by turning the vacuum knob to the right to increase suction until you experience slight discomfort. Next. turn it to the left to decrease suction until it is comfortable.

