

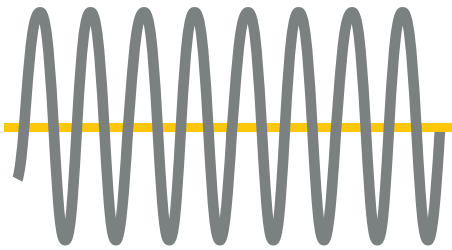
# How to Get the Most Out of Your Pump in Style® with **maxFLOW™**

Adjusting Vacuum Levels for Your Comfort



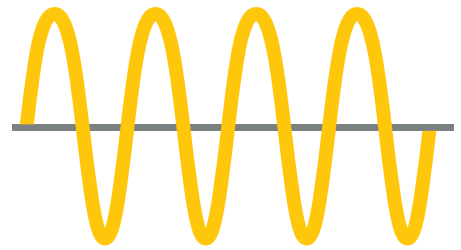
## Did You Know?

Pump in Style with MaxFlow has **10 vacuum levels** to choose from. You can adjust the vacuum levels anytime during the **Stimulation** or **Expression Phase**.



**Stimulation Phase**  
To get milk flowing

**IMPORTANT!**  
Before pumping, be sure your parts are clean & dry and free from damage.



**Expression Phase**  
To remove milk

Automatically begins after 60 seconds



The breast pump always begins in the **Stimulation Phase** at level 4



The breast pump **remembers the level** you were at during the **Stimulation Phase** and gradually brings you back to the level.

**Example:** If you were at Level 7 in the Stimulation Phase, the pump will gradually bring you from Level 4 to 7 within 3 cycles.

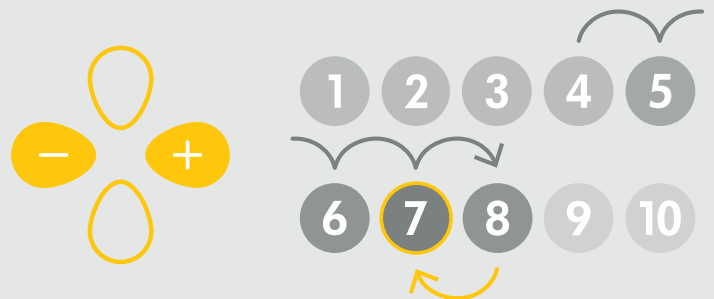


Press the (+) or (-) buttons to **adjust vacuum**.

There are **10 levels** to choose from.

**TIP:**

- If your milk begins to flow during the Stimulation Phase, press the Let-Down button to manually switch to the Expression Phase.



Press the (+) or (-) buttons to reach **Maximum Comfort Vacuum™**.

**TIPS:**

- Slowly pressing the (+) or (-) vacuum buttons will allow you to feel the vacuum of each level.
- Reaching your **Maximum Comfort Vacuum** will result in more milk and can change every pumping session, it is not important to focus on what level.\*